In 2017, Mental disorders and HIV/AIDS were the leading causes of disability for individuals aged 14-49 in Mozambique. The Common Elements Treatment Approach (CETA) project integrates mental health and HIV/AIDS counseling services to address adverse mental health outcomes and enhance ART adherence and retention in Beira City. This flexible diagnostic tool enables lay counselors to diagnose and treat an array of mental illnesses more effectively. Meet the lay supervisors at the forefront of engaging and connecting patients to care.

Meet the lay supervisors at the forefront of engaging and connecting patients to care.

Edmundo Tapera
A native of Beira City, Sofala Province, Edmundo is eager to learn about CETA approach and acquire new skills that will help him build a society that is more mindful of mental health. When he is not working on the CETA project, Edmundo likes to play soccer.

João Junior
This Beira native is excited to become a CETA Supervisor because he likes that the CETA program aims to help people and he is thankful to be a part of this process. When he is not working on the CETA project, João likes to play soccer and read books.

Linda Posse
Linda is thrilled to join the CETA Supervisor team because she likes to help people and enjoys being a counselor—this is the work that pleases her the most. When she is not working on the CETA project, this Beira native likes to sing prayers and spend time with her children.

Santos Viagem
Originally from Beira, Sofala Province, Santos is excited to become a CETA Supervisor because he feels happy to be part of a new experience in this field of health. Santos has no words to describe how thankful he is to have earned the trust and responsibility of being a supervisor. In his free time, Santos likes to sing and listen to music.

Tamires Marcelino
Tamires is eager to take on the CETA Supervisor role because she enjoys helping people and believes that the CETA model will improve the lives of many. When she is not working on the CETA project, this Beira native likes to listen to music and chat with friends.

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